

Wenlock's Weekly Round Up

'With God's love, we are lights for the world'



Friday 13th October 2023

Key dates

Monday 16th October Athlete Sponsored Visit (See below)

Tuesday 17th October Black History Month Workshop—(see below, page 4 for more details)

Wednesday 18th October School Photographer visit Wednesday 18th October Year 5 & 6 Indoor Athletics

Thursday 19th October Children celebrate Harvest at church - see below

Thursday 19th October Year 4 Aurora Class Swimming Lesson
Thursday 19th October School Disco - More details to follow

Friday 20th October Inset Day—School closed Monday 23rd October Half Term Holiday Monday 30th October Inset Day—School closed

Thursday 2nd November Year 4 Aurora Class Swimming Lesson Thursday 9th November Year 4 Aurora Class Swimming Lesson

Friday 10th November Mini reports due out on Arbor

WB 13th Nov Class teacher drop in sessions for report feedback (more details to follow)

Thursday 16th November Year 4 Aurora Class Swimming Lesson
Thursday 16th November Year 3 Trip to Celtic Harmony

Thursday 23rd November Year 4 Aurora Class Swimming Lesson

Thursday 23rd November Year 3 & 4 Cinema Trip (more details to follow)

<u>Attendance</u>

Well done to Alina and Vesper who both achieved the highest attendance last week at 97.67%

The attendance for the whole school was 94.77%

Our School target is 97%

End of the day:

Please remember that class teachers are available to discuss anything you want to check or query at collection time on the playground; they may also want to speak with you.

We will always put the safety of your children first, so we ask that you wait to the side to allow class teachers to dismiss the remaining children to ensure they are collected safely before we can speak to you. Class teachers will then approach you once the class is dismissed. You may need to wait a few moments for the teacher's full attention, and we appreciate your patience.

Harvest

At Wenlock CE Academy, we will be celebrating Harvest and giving thanks for all that Harvest brings. We would like to begin collecting donations of non-perishable foods for our whole school harvest table. Tinned/canned food, dry pasta and rice are well received items. These items can be brought into Schools and given to Class Teachers from Monday 16th October.

The food will be available for our Wenlock families from the 19th October in the School foyer as well as donated to the local food bank. Please support us in gathering donations for our local community.

Thank you from School Council & all at Team Wenlock.

With God's love in our hearts, we are eager to reach our goals and stretch our limitless imaginations to build our futures and create aspiring leaders. Everyone is welcomed and respected for their unique contributions as we flourish and grow. Our Christian values help us to keep safe, go above and beyond to build the foundations that shape our school.

PARENT INFORMATION

PE Days

Year group	PE Day	PE Day
Year 3 - Alpha	Tuesday	Friday
Year 3 - Omega	Tuesday	Thursday
Year 3 - Genesis	Tuesday	Thursday
Year 4 - Aurora	Tuesday	Thursday
Year 4 - Alina	Tuesday	Thursday
Year 4 - Vesper	Tuesday	Thursday
Year 5 - Lunar	Monday	Wednesday
Year 5 - Solar	Wednesday	Friday
Year 5 - Stellar	Wednesday	Thursday
Year 6 - Aviary	Wednesday	Friday
Year 6 - Arboreal	Monday	Wednesday
Year 6 - Aquarium	Wednesday	Thursday

Sponsored Circuit Challenge

Hi Families,

just a reminder that on the 16th of October we have an athlete visiting the children. The athlete has now been confirmed as a wales international woman's football player! Your children will all be completing a sponsored circuit challenge. If you wish to sponsor your child you can do so through the sponsorship form already sent home or through the following crowdfunded link.

https://www.crowdfunder.co.uk/p/wenlock

From Mr Clark

It's the LAST WEEK to send in your Values homework

Please see below and earn 5 house points!

School Inset Days

Please note that upcoming Inset days are as follows:

Friday 20th October and Monday 30th October.

The school will be closed on these days.

Emailing the School Office

Please can we remind families that when emailing the school or leaving a message on the answerphone that you give your child's full name and their class and/or their teacher.

If you do not provide these details, it will lead to delays in answering or forwarding your queries.

You can report your child's absence by calling 01582 730624 and pressing option 1 or via email on attendance@wenlockacademy.co.uk

Uniform

We have a large number of uniform items in lost property that have no names on. Because of this we have been unable to reunite these items with the owner.

Please ensure that your child's name is written on all uniform and also coats.

Also, we kindly ask that you regularly check to see if your child has mistakenly take home uniform that belongs to another child. Thank you

Police Appeal

Following the tragic murder of a 16-year old boy last weekend, the Police have launched a dedicated public website for people to submit any information in connection to the incident.

This allows people to upload written information, videos or photos which can assist the police investigation at the click of a button. https://

mipp.police.uk/operation/35SA020123B12-PO1

Dinner money

Please top up dinner money payments in advance of your child having school dinner. The cost for school dinner is as follows: £2.40 per day or £12.00 per week.

If you have a query relating to dinner money payment, you can contact the finance team on schooldinner@wenlockacademy.co.uk

Online Safety

For e-safety support and advice please click on this $\underline{\text{link}}$ Please click on the links below for more information on e -safety.

Think you know

Disney Wild

About Safety

Smartie The Penguin

Childnet Safety Internet

A useful guide to apps to help keep your child safe online



Thursday 2nd November Banger in a Roll

Cheese & Tomato Catherine Wheel (V)

> Bonfire Wedges BBQ Beans

Rocket Lolly or Toffee Apple Sponge

Jacket Potato & Hot Tomato Pasta are also available

FOOD FESTIVAL

By Aspens



Wenlock CE Academy are celebrating Black History Month! The theme for Black History Month 2023 is "Celebrating Our Sisters!"

We invite you to colour the picture of an inspirational black woman. If you wish to take part, then collect a colouring sheet from your teacher.

There will be prizes for each Lower Key Stage Two and Upper Key Stage Two.

Please submit your entries to your class teacher or Miss Mills with your name, class and year group on by Thursday 19th October 2023!

We cannot wait to see your amazing compositions!



Colouring Competition

Ack History Monxs

Wenlock CE Academy are celebrating Black History Month! The theme for Black History Month 2023 is "Celebrating Our Sisters!"

In order to celebrate, on Tuesday 17th October, we will be having two African Arts workshops. Years 3 and 4 with be learning African Dance and Years 5 and 6 will be creating African masks.

To celebrate the rich heritage of Black History, we invite all the children to wear cultural/traditional clothing that symbolises their heritage. Please ensure that children wear comfortable shoes.

We would be delighted if you would consider donating £5 in order to raise funds to the school.

We look forward to seeing you in your cultural outfits!



Heritage Day

Sing All Poets.

Wenlock CE Academy are celebrating Black History Month! The theme for Black History Month 2023 is "Celebrating Our Sisters!"

We invite you to write a poem about an inspirational black woman. She could be famous or she could be someone in your local area or within your family.

There will be prizes for each Lower Key Stage Two and Upper Key Stage Two.

Please submit your entries to your class teacher or Miss Mills with your name, class and year group on by Thursday 19th October 2023!

We cannot wait to hear your lovely inspiration poetry!



Poetry Competition

Online Safety Update

SUPPORTING CHILDREN TO DEAL WITH UPSETTING CONTENT

A Guide for Parents and Carers

Raising children in the digital age seems to be getting tougher, with the world currently experiencing so many uncertainties. From climate change to the war in Ukraine and the conflict in Israel, right now children across the globe can scarcely go online without being exposed to unsettling stories, images and ideas. Reassuring a concerned child can be difficult, especially when bad news feels omnipresent. We've put together some advice to help you in discussing upsetting events with young ones.

FIND OUT WHAT YOUR CHILD KNOWS

There are many ways that children are exposed to upsetting content in the media, both online and offline. Before swamping your child with information, find out what they know already. Show them you're interested in what they have to say, practice active listening and try to gauge how much your child has been impacted by what they've seen.

RIGHT TIME, RIGHT PLACE

Starting a conversation about upsetting content probably isn't the best idea when your child is studying for an exam or about to go to bed. Choose a time when they're relaxed and open to talking, to make sure you have their full attention. Remember, these conversations can become emotional, so choose somewhere your child feels safe and comfortable.

KEEP IT AGE APPROPRIATE

With younger children, try and keep the conversation more general and avoid leading questions and complex detail. You can go slightly deeper into the specifics with young teenagers but keep monitoring their emotional response. With older teens, you can be more open about the realities and consequences of what's happening – but again, do stay aware of their emotional state.

EMPHASISE HOPE

Upsetting content can make anyone feel angry, scared, sad or overwhelmed. Try to find stories of hope, generosity and strength related to the content you're discussing. Children often feel reassured when they know they can do something to help, so encourage your child's sense of control through activities which make them feel they're positively impacting the events they're concerned about.

MONITOR REACTIONS

All children react differently, of course, and young people might not directly say that they're scared, angry, anxious, confused or uncomfortable. Emotional reactions are natural when discussing upsetting topics, so take note of your child's body language and reactions. Allow them to express their feelings in a non-judgmental space and try to stay mindful of how they might be feeling.

CONSIDER YOUR OWN EMOTIONS

It's not only young people who find upsetting news difficult to process: adults also have to deal with strong emotions in moments of stress. Children develop coping strategies by mirroring those around them, so staying on top of how you appear to be regulating your emotion on the outside is important for supporting your child through worrying times.

Meet Our Expert

Cayley Jorgensen is the director of FaceUp South Africa, which is a reporting system that is currently being used by schools and companies to fight bullying around the world. FaceUp helps give a voice to bystanders by encouraging them to speak up and get the help they not only want but need.

SET LIMITS

Managing screen-time and content can be difficult even in normal circumstances, but especially in unusual or stressful periods (at the start of the pandemic, for example). It's virtually impossible to keep children away from upsetting content completely, but it's important to try to limit exposure by using parental controls, talking about the dangers of harmful content and enforcing screen-time limits.

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TAKE THINGS SLOWLY

Try not to overwhelm your child with information all at once: instead, take the discussion one step at a time. You could make the first conversation a simple introduction to a potentially upsetting subject and then wait until your child is ready to talk again. Opening the door to the conversation and demonstrating that your child can talk to you about this type of issue is a vital first step.

ENCOURAGE QUESTIONS

Online, troubling images, posts, videos and stories are shared across multiple platforms, many of which your child might access. Even if the content is actually inappropriate, encourage your child to discuss what they saw instead of being angry at them for seeing it. Children are still learning that not everything online is accurate – you want to be their ultimate source of information, not their device. ??

FIND A BALANCE

There's often a tremendous compulsion to stay right up to date with events. Our phones frequently send us push notifications urging us to read the latest article or view the most recent video on social media. It's essential to remind your child that it's healthy to take regular breaks, and to focus on positive events instead of 'doomscrolling' and risking becoming overwhelmed by bad news.

BUILD RESILIENCE

News has never been more accessible. While our instinct may be to shield children from upsetting stories, it's important that they're equipped with the tools to manage this content when they are exposed to it. Talk about upsetting content more generally with your child and emphasise that they can always tell you or a trusted adult if something they see makes them feel uneasy.

IDENTIFY HELP









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It's hugely important that children know where to find support if they encounter upsetting content online. Encourage them to open up to an adult that they trust, and make sure they're aware of who their trusted adults are. It is essential that children understand that they're not alone, and that help is available if and when they need it.

HOME SCHOOL VALUES

This term we will be focussing in school on the value GENEROSITY.

We hope your family will find these ideas helpful as you explore the value and have fun together.

TALK TOGETHER about Generosity

When we think about **generosity** we usually think about being **generous** with money or possessions. However, we can also be **generous** with our time, our gifts and our abilities. **Generous** people often say that they receive much more than they give. Perhaps this is because when someone is **generous** to us, it makes us want to be **generous** in return. The opposite of being **generous** is being selfish. What kind of person would you prefer to have as a friend?

 How would you describe yourself on this scale?
 Selfish Generous

1 2 3 4 5 6 7 8 9 10

- Where would other members of your family put you on the scale and what are their reasons?
- Who is the most generous person you know?



READ TOGETHER ...

The Widow's Mite

Jesus had been teaching in the Temple. But now he sat down near the treasury and watched as the many visitors to the Temple passed by and dropped money into the collecting box to help with God's work.

The rich men dressed in fine robes threw in handfuls of coins as they passed, without a thought. But then a poor widow came by, paused, and placed just two mites (tiny coins) into the box.

Jesus called his disciples to him and told them what he had seen.

Then he said to them, "Let me tell you, this poor widow gave more than all those people who threw many coins into the treasury. The wealthy men gave just a small part of their riches which made no difference to them.

But the widow gave all that she had."

You see, God is more interested in what is in the heart of the giver than the size of their gift.

Bible story based on Mark 17: A bab

A Mite in Jesus' time was a small brass coin worth 1/128th of a denarius. Typically a labourer was paid 1 denarius for a day's work.



In Britain, many years ago, a coin called a mite was in general use and worth half a farthing, a very tiny amount of money.

THINK TOGETHER Words of Wisdom

"God loves a cheerful giver" 2 Corinthians 9.7

New King James Version* of the Bible



? QUIZ

Lost Letters

Which letters are missing from the alphabet? Arrange them to make a word from the story.



HALL OF FAME

A Generous Saint

Nicholas grew up long ago in a poor part of Turkey. His father earned just enough to provide for the needs of his family but many people in the town were extremely poor.

One day something extraordinary happened. A wealthy relative, who Nicholas barely knew, suddenly died and left him a vast fortune. Overnight Nicholas became rich, so rich that he felt very uncomfortable about having so much money when many of the townsfolk barely

had enough to eat. But Nicholas knew that the families were proud and they would not want to accept money

that they had not earned. He needed to find a way to help them in secret.

So in the dark of night, Nicholas crept through the town leaving parcels of food, clothing and money for the families most in need. He helped one family with three daughters several times. The father was so curious about the mysterious benefactor, that he was determined to stay awake and discover who was being so generous. As Nicholas quietly left his gift at the door of their tiny home the man leapt out and chased Nicholas until he finally caught up. Nicholas was embarrassed and begged the man not to give away his secret. The father promised. But he was so happy and grateful that he just couldn't help telling people, and soon the whole town knew about Nicholas' generosity.

Nicholas continued to live in the same town and he continued to be generous to every one in need. Every December he rewarded the children who had been good during the year by secretly delivering presents whilst they were asleep. To this day Nicholas is remembered in countries across the world when children receive gifts on December 5th, St Nicholas' Day.



The Generositree

The fruit of the generositree are blessings.

Think of something generous that you could do that would bless someone and make them happy. Then do it.

Design and make a colourful exotic looking fruit to represent the blessing and take it to school to hang on the Generositree.



Secret St Nick

Each member of the family could decide on someone that they think deserves a special present. Find some pots for each person and begin to save a small amount each week.

When December comes buy presents that will make your special person smile or that they will find useful. Wrap the gifts as creatively as you can and write their name on a homemade label. Deliver in secret on 5th December, St Nicholas' Day.



FASCINATING FACTS

Leading the Pack

Lieutenant Baden-Powell was a brave soldier in the British Army and served in India and Africa. He was an expert in wilderness survival skills, like hunting, making fires and building rafts. To help new soldiers he wrote a small manual. A version of this became 'Scouting for Boys' and gave him the idea of setting up the Scouting movement.

Today, worldwide, millions of children and young people are Scouts, Cubs, Beavers, Guides, Brownies or Rainbows.

- In the UK over 160,000 volunteers run Scouting and Guiding groups
- They generously give over 20 million hours of service each year
- · Many parents also use their skills to help children to earn badges

